

Mr Christopher M Pullen

MBBS, BSc(Hons), FRACS, FA orthoA
Orthopaedic Surgeon Specialising in Upper Limb Surgery
Provider No. 059471NH

Mercy Private Hospital Consulting Suites
Suite 41, 141 Grey Street
East Melbourne Vic 3002

Bellbird Private Hospital Consulting Suites
198 Canterbury Road
Blackburn South Vic 3130

All correspondence to:
East Melbourne rooms
Telephone: 03 9419 2551
Facsimile: 03 9419 2443

HOSPITAL ADMISSION INFORMATION SHEET

Procedure Date Time of admission: 7.00 to 7.30 a.m. 11.00 to 11.30 a.m.

- Bellbird Private Hospital – Blackburn Phone : 03 9845 2333 Day Case Overnight
 Mercy Private Hospital - East Melbourne Phone : 03 9928 6555 Other..... nights

On occasions, it may be necessary to change the time of your admission. If this is necessary, you will receive a telephone call from the practice.

Fasting

If you are being admitted between 7.00 and 7.30 a.m.

- Do not eat or drink after midnight the night before. This includes chewing gum.
- Do not smoke for at least 24 hours before your procedure.

If you are being admitted between 11.00 and 11.30 a.m.

- Have a light breakfast (e.g. tea/toast/fruit) before 7:00am. Do not eat or drink after this time. This includes chewing gum.
- Do not smoke for at least 24 hours before your procedure.

Medication

- Take all **approved** medications (regardless of fasting) with a small amount of water at the usual times. Bring all your medication with you.
- If you are a diabetic, do not take insulin or diabetic medication unless instructed by your doctor to do so. Bring all medication, including your insulin with you.
- **PLEASE TELEPHONE Mercy Private Hospital Pre-Admission Advisory Centre (for surgery at Mercy Private Hospital) on 9928 6881 OR Krista Monaghan, Orthopaedic Case Manager at Bellbird Private Hospital (for surgery at Bellbird Private Hospital) if you have any queries regarding medication. IF YOU ARE ON ANTI-INFLAMMATORY, ASPIRIN, OR BLOOD THINNING MEDICATIONS THESE MUST BE CEASED TEN DAYS PRIOR TO SURGERY IN CONSULTATION WITH YOUR GENERAL PRACTITIONER OR SPECIALIST (CARDIOLOGIST, VASCULAR SURGEON, ETC.).**

Do

- Notify the hospital if you have any special dietary requirements.
- Notify the hospital if you suffer symptoms of a cold. Your surgery may need to be delayed.

Do not

- Bring in valuables or large sums of money, as the hospital will not accept responsibility for loss.
- Wear make-up, nail-polish or jewellery.

For the remainder of the day and the night following your procedure perform the following :

- Drive.
- Drink alcohol.
- Use public transport without an escort (including taxi).
- Operate machinery.
- Make important personal and business decisions.
- Sign legal documents.

What to bring

- Loose comfortable clothes
- Current medications in original container/packet
- Medicare/Private Health Fund /Pension/Veterans' Affairs Cards
- Relevant x-rays, films and pathology reports.

A post operative appointment has been made for you on:

Date:/...../2010

Time:

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Suite 41, 4th Floor
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