

Mr Christopher M Pullen

MBBS, BSc(Hons), FRACS, FA orthoA
Orthopaedic Surgeon Specialising in Upper Limb Surgery
Provider No. 059471NH

**St Vincent's Private East Melbourne
Consulting Suites**
Suite 41, 141 Grey Street
East Melbourne Vic 3002

Bellbird Private Hospital Consulting Suites
198 Canterbury Road
Blackburn South Vic 3130

All correspondence to:
East Melbourne rooms
Telephone: 03 9419 2551
Facsimile: 03 9419 2443

HOSPITAL ADMISSION INFORMATION SHEET

Procedure Date

Time of admission: To be advised 11.00 –11.30 a.m.

Bellbird Private Hospital – Blackburn

Phone : 03 9845 2333

Day Case

Overnight

St Vincent's Private East Melbourne
(formerly Mercy Private Hospital)

Phone : 03 9928 6555

Other..... nights

On occasions, it may be necessary to change the time of your admission. If this is necessary, you will receive a telephone call from the practice. If your surgery is to be performed at St Vincent's Private East Melbourne you will be contacted on the Thursday prior to surgery and advised of your admission time.

Fasting

If you are being admitted between 7.00 and 7.30 a.m.

- Do not eat or drink after midnight the night before. This includes chewing gum.
- Do not smoke for at least 24 hours before your procedure.

If you are being admitted between 11.00 and 11.30 a.m.

- Have a light breakfast (e.g. tea/toast/fruit) before 7:00am. Do not eat or drink after this time. This includes chewing gum.
- Do not smoke for at least 24 hours before your procedure.

Medication

- Take all **approved** medications (regardless of fasting) with a small amount of water at the usual times. Bring all your medication with you.
- If you are a diabetic, do not take insulin or diabetic medication unless instructed by your doctor to do so. Bring all medication, including your insulin with you.
- **IF YOU ARE ON ANTI-INFLAMMATORY, ASPIRIN, OR BLOOD THINNING MEDICATIONS THESE MUST BE CEASED TEN DAYS PRIOR TO SURGERY IN CONSULTATION WITH YOUR GENERAL PRACTITIONER OR SPECIALIST (CARDIOLOGIST, VASCULAR SURGEON, ETC.).**

Do

- Notify the hospital if you have any special dietary requirements.
- Notify the hospital if you suffer symptoms of a cold. Your surgery may need to be delayed.

Do not

- Bring in valuables or large sums of money, as the hospital will not accept responsibility for loss.
- Wear make-up, nail-polish or jewellery.

For the remainder of the day and the night following your procedure perform the following :

- Drive.
- Drink alcohol.
- Use public transport without an escort (including taxi).
- Operate machinery.
- Make important personal and business decisions.
- Sign legal documents.

What to bring

- Loose comfortable clothes
- Current medications in original container/packet
- Medicare/Private Health Fund /Pension/Veterans' Affairs Cards
- Relevant x-rays, films and pathology reports.

A post operative appointment has been made for you on:

Date:/...../2012

Time:

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